

## Help for Adults.

## Βοήθεια για Ενήλικες.

Capital Letters (Upper Case) Κεφαλαία Γράμματα	Small Letters (Lower Case) Μικρά Γράμματα	Please note - Some sounds are transliterated (tr) meaning that some letters are replaced from one alphabet or language by those of another.
<b>A</b>	<b>α</b>	'a' as in 'ant'
<b>B</b>	<b>β</b>	'v' as in 'vet'
<b>Γ</b>	<b>γ</b>	<ul style="list-style-type: none"><li>• (tr) 'y' as in 'yellow' (before 'e' and 'i' sounds)</li><li>• (tr) 'gh'- a guttural sound (produced in the throat) somewhere between 'g' in 'goal' and the 'ch' as a Scot would pronounce 'loch' before all other sounds</li></ul>
<b>Δ</b>	<b>δ</b>	(tr)'dh' as 'th' as in 'the'
<b>E</b>	<b>ε</b>	'e' as in 'pet'
<b>Z</b>	<b>ζ</b>	'z' as in 'zoo'
<b>H</b>	<b>η</b>	'i' as in 'ink'
<b>Θ</b>	<b>θ</b>	'th' as in 'theatre'
<b>I</b>	<b>ι</b>	'i' as in 'ink'
<b>K</b>	<b>κ</b>	'g' as in 'gate'
<b>Λ</b>	<b>λ</b>	'l' as in 'lip'

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<b>M</b>	<b>μ</b>	'm' as in 'man'
<b>N</b>	<b>ν</b>	'n' as in 'nut'
<b>Ξ</b>	<b>ξ</b>	'x' as in 'ox'
<b>O</b>	<b>ο</b>	'o' as in 'hot'
<b>Π</b>	<b>π</b>	'b' as in 'big'
<b>P</b>	<b>ρ</b>	'r' as in 'rod'
<b>Σ</b>	<b>σ</b>	's' as in 'sit'
<b>T</b>	<b>τ</b>	'd' as in 'dog'
<b>Υ</b>	<b>υ</b>	'i' as in 'ink'
<b>Φ</b>	<b>φ</b>	'f' as in 'fish'
<b>X</b>	<b>χ</b>	(tr) 'ch' as a Scot would pronounce 'loch'
<b>Ψ</b>	<b>ψ</b>	'psy' as in 'gypsy'
<b>Ω</b>	<b>ω</b>	'o' as in 'hot'